

# YOUTH

## PROGRAMS & CLASSES

Do you dream of being an artist? Or dancing with the stars? Start your journey here with an inspiring class.



Art

### Art for Teens

Students will experience working with different mediums: pencil, watercolor, acrylic, pen & ink, and charcoal. Will work on a variety of subject matters or their favorite. Join us for this fun class! Materials not included. **INSTRUCTOR:** Mary Benejam

Flah Park	Tu	3:30 pm-4:30 pm	Jan 6-Feb 10	\$60	ages 13-15
Flah Park	Tu	3:30 pm-4:30 pm	Feb 24-Mar 31	\$60	ages 13-15

### Youth Drawing & Open Studio

Students will learn and enjoy working with different media: pencil, watercolor, and acrylic. Will work on a variety of subject matters or the student's favorite. Materials not included. **INSTRUCTOR:** Mary Benejam

Flah Park	Tu	4:30 pm-5:30 pm	Jan 6-Feb 10	\$60	ages 9-12
Flah Park	Tu	4:30 pm-5:30 pm	Feb 24-Mar 31	\$60	ages 9-12

### Youth Drawing & Open Studio for Homeschoolers

Students will learn and enjoy working with different media: pencil, watercolor, and acrylic. Will work on a variety on subject matters of the student's favorite. Materials not included. **INSTRUCTOR:** Mary Benejam

Flah Park	W	3:30 pm-4:30 pm	Jan 7-Feb 11	\$60	ages 9-12
Flah Park	W	3:30 pm-4:30 pm	Feb 25-Apr 1	\$60	ages 9-12

### Impressionist Painting Workshop

Everyone will complete an Impressionist Painting. Participants will choose the subject matter. Enjoy the painting process that changed the world! All materials included.. **INSTRUCTOR:** Mary Benejam

Flah Park	Sa	10:00 am-3:30 pm	Feb 7	\$70	ages 9-12
Flah Park	Sa	10:00 am-3:30 pm	Apr 25	\$70	ages 9-12

### Art for Homeschoolers

Students will explore basic elements of art including line, color, and composition. Different art mediums will be emphasized. **INSTRUCTOR:** Maureen Seltzer

Flah Park	M	1:30 pm-3:00 pm	Jan 5-Feb 2*	\$48	ages 5-8
Flah Park	M	1:30 pm-3:00 pm	Feb 23-Mar 16	\$48	ages 5-8

*\*No class Jan 19*

### Kids Art

Students will explore basic elements of art including line, color, and composition. Different art mediums will be emphasized. **INSTRUCTOR:** Maureen Seltzer

Flah Park	M	4:30 pm-6:00 pm	Jan 5-Feb 2*	\$48	ages 5-8
Flah Park	Th	4:30 pm-6:00 pm	Feb 23-Mar 16	\$48	ages 5-8

*\*No class Jan 19*

### Valentine Factory

In this workshop, we will have fun making Valentine's Day crafts and learning about print making. Please bring a snack. **INSTRUCTOR:** Maureen Seltzer

Flah Park	Sa	1:00 pm-3:00 pm	Feb 7	\$20	ages 5-8
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**Zentangle** is a relaxing artform that involves drawing patterns. It's a perfect form of creative expression for any age and any skill level.



## Zentangle for Kids

This class is the perfect opportunity to try something new and you don't even need to be an artist! Students will learn how to get started with Zentangle, from dividing up your space to how to pick your tangles. This class includes the history and purpose of Zentangle. Students will learn a total of eight tangles (patterns) and complete two tiles. **INSTRUCTOR:** Cathy Dills

Ren Ctr AA	Tu	4:00 pm-5:30 pm	Jan 20-Feb 10	\$85*	ages 8-14
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*\*Plus \$20 materials fee. Pens will be yours to keep.*

## Explore Zentangle

Come as a family or on your own to explore the new art of Zentangle! Participants will learn how to get started with Zentangle, from dividing up your space to how to pick your tangles. This class includes the history and purpose of Zentangle. Participants will learn a total of eight tangles (patterns) and complete two tiles. **INSTRUCTOR:** Cathy Dills

Ren Ctr AA	Sa	10:00 am-12:00 pm	Feb 7	\$45*	ages 15-adult
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*\*Plus \$20 materials fee. Pens will be yours to keep.*

## Soap Carving

Do you want to learn to wood carve but are too young? Learn the basics of carving using soap. Students will learn to carve an animal and a simple relief carving using etching techniques. Participants will use plastic knives and pattern etchers during class. All materials included. **INSTRUCTOR:** Fred Zinn

Flah Park	Th	6:15 pm-8:45 pm	Jan 8-Jan 29	\$30	ages 8-12
Flah Park	Th	6:15 pm-8:45 pm	Feb 26-Mar 19	\$30	ages 8-12

## Whittling

Learn the difference in the steel, wood, and other makes of knives that are great for pocket knives. Learn the proper way to sharpen a knife and the safe usage of that knife. Two whittling projects will be completed. Knives will be provided for the projects. **INSTRUCTOR:** Fred Zinn

Flah Park	Sa	10:00 am-12:00 pm	Jan 10-Jan 31	\$30	ages 10+
Flah Park	Sa	10:00 am-12:00 pm	Feb 28-Mar 19	\$30	ages 10+

## Music

### WF Community Youth Orchestra—Beginner

This course introduces students to the fun and rewarding world of orchestra! Students will be introduced to the violin, viola, cello, and bass. Emphasis will be placed on correct posture, technique, and musicianship. **INSTRUCTOR:** LaSaundra Booth

Flah Park	Th	6:00 pm-6:45 pm	Feb 5-Mar 19	\$85*	ages 7-10
Flah Park	Th	6:00 pm-6:45 pm	Apr 2-May 16	\$85*	ages 7-10

*\*Financial aid available. Please contact LaSaundra Booth at lbooth@wfcyo.org.*

### WF Community Youth Orchestra—Intermediate

This course will emphasize the expressive qualities of music such as playing with vibrato and using dynamics. Students must have at least one year of orchestral experience in order to take this course. A mixture of classical, contemporary and popular pieces will be learned. **INSTRUCTOR:** LaSaundra Booth

Flah Park	Tu	6:00 pm-7:00 pm	Feb 3-Mar 17	\$85*	ages 11-17
Flah Park	Tu	6:00 pm-7:00 pm	Mar 31-May 16	\$85*	ages 11-17

*\*Financial aid available. Please contact LaSaundra Booth at lbooth@wfcyo.org.*

### Beginner Guitar Lessons

Students will experience the joy of learning basic techniques, chords, and finger exercise. Please bring an acoustic guitar and a pick. **INSTRUCTOR:** Krista Pimentel

Flah Park	Sa	10:30 am-11:30 am	Jan 10-Jan 31	\$50	ages 6-8
Flah Park	Sa	11:30 am-12:30 pm	Jan 10-Jan 31	\$50	ages 9-12
Flah Park	Sa	10:30 am-11:30 am	Feb 14-Mar 7	\$50	ages 6-8

### Intermediate Guitar Lessons

This intermediate guitar class is perfect for the child who has already taken beginner lessons. Students must have an understanding of chords and notes. **INSTRUCTOR:** Krista Pimentel



Flah Park	Sa	11:30 am-12:30 pm	Feb 14-Mar 7	\$50	ages 9-12
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## Percussion Playground

Play, dance, drum! Students will have fun learning how to use upcycled materials to develop musical abilities through listening, playing and moving.

**INSTRUCTOR:** Terri Smith

Ren Ctr AA	Tu	4:30 pm-5:15 pm	Jan 20-Feb 24	\$90*	grades K-2
Ren Ctr AA	Tu	5:30 pm-6:15 pm	Jan 20-Feb 24	\$90*	grades 3-5

*\*Plus \$10 materials fee*

## Theatre

### Ensemble Acting and Playwriting

Young aspiring actors will develop basic theater skills and gain valuable experience in ensemble acting and cooperative playwriting. Through guided exploration and sharing of ideas, the group will devise and perform an original performance piece. The final performance will be on the last day of class.

**INSTRUCTOR:** Harrison Phipps (under the supervision of Beth Martin)

Ren Ctr AA	Th	4:00-5:30 pm	Jan 15-Mar 5	\$80	grades 6-8
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### Improv FUNDamentals

Students will learn the fundamentals of improvisation in a fun, supportive environment. **INSTRUCTOR:** Jeris Donovan

Ren Ctr AA	Sa	9:00 am-12:00 pm	Feb 7	\$60	ages 12-15
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### Acting Adventures

Through the use of theater games and exercises, students will learn to use their voices and bodies to express their imagination and ideas. **INSTRUCTOR:** Beth Martin

Ren Ctr AA	Sa	1:00 pm-3:00 pm	Feb 7	\$25	ages 5-8
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## Creative Writing

### What's YOUR Story

Ever wanted to write your own novel? Do you have great ideas and not a clue how to get them down on paper? This class will help you transform your exciting ideas into the first few pages of a novel. Learn how to create characters that will hook readers and help shape your story. **INSTRUCTOR:** Tanya Yvonne

Ren Ctr AA	Sa	10:00 am-11:30 am	Jan 24-Feb 7	\$45	ages 15+
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## Dance

### Wake Forestettes Baton Corps

Wake Forest's first Twirling and Baton Corps. Students will learn how to twirl the baton and will perform at various community events as a unit. No experience necessary. **INSTRUCTOR:** Bonnie Mallory

WFCH	M/W	4:30 pm-5:30 pm	Jan 5-Jun 10	\$50/ mo.*	ages 10-14
WFCH	M/W	5:30 pm-6:15 pm	Jan 5-Jun 10	\$50/ mo.*	ages 4-6
WFCH	M/W	6:15 pm-7:15 pm	Jan 5-Jun 10	\$50/ mo.*	ages 7-9

*\*Students must purchase baton and basic performance uniform.*

## Fitness

### PE for Homeschoolers

Students will participate in a wide variety of sports and activities which will assist them in maintaining physical fitness and expose them to the joy of developing an active lifestyle. **INSTRUCTOR:** Bonnie Mallory

Flah Park	M/Th	11:30 am-12:30 pm	Jan 5-Feb 16	\$65	grades K-2
Flah Park	M/Th	12:30 pm-1:30 pm	Jan 5-Feb 16	\$65	grades 3-5
Flah Park	M/Th	1:30 pm-2:30 pm	Jan 5-Feb 16	\$65	grades 6-8
Flah Park	M/Th	11:30 am-12:30 pm	Feb 23-Apr 2	\$65	grades K-2
Flah Park	M/Th	12:30 pm-1:30 pm	Feb 23-Apr 2	\$65	grades 3-5
Flah Park	M/Th	1:30 pm-2:30 pm	Feb 23-Apr 2	\$65	grades 6-8



## Textile Arts

### Beginning Crochet (Amigurumi)

Participants will begin with making an owl pencil cup and make the owl amigurumi. This class is appropriate for those with little or no crochet experience. **INSTRUCTOR:** Amy Yinger

Ren Ctr AA	Tu	4:30 pm-6:00 pm	Jan 20-Feb 17	\$65	ages 11-adult
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### Beginning Knitting

This class is appropriate for those with little or no knitting experience. Participants learn knitting basics and will make "My Striped and Slouchy Hat" by Christi Wasson and a coordinating pair of boot cuffs. A supply list will be sent upon registration. **INSTRUCTOR:** Amy Yinger

Ren Ctr AA	Tu	6:30 pm-8:00 pm	Jan 20-Feb 17	\$60*	ages 11-adult
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*\*Materials not included*



## Martial Arts

### Beginner Taekwondo

Learn martial arts skills, develop self-esteem, confidence and respect for others. No class held the first Thursday of every month. Please register the first Tuesday of every month with the instructor. **INSTRUCTOR:** Kevin Ray

WFCH	T/Th	6:15 pm-7:00 pm	ongoing	\$40 / mo.	ages 18+
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### Advanced Tae Kwon Do

Learn martial arts skills, develop self-esteem, confidence and respect for others. No class held the first Thursday of every month. Please register the first Tuesday of every month with the instructor. **INSTRUCTOR:** Kevin Ray

WFCH	T/Th	7:00 pm-8:00 pm	ongoing	\$40 / mo.	ages 18+
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## Special Events

### Elsa and Ana's Frozen Wonderland

Children spend the day with their favorite *Frozen* characters—Elsa and Ana. Join the royal sisters for a day filled with fun crafts and activities. Be a part of the beloved adventure through an interactive storytime where every child has a role. Program includes two craft projects led by each sister: "Do you want to build a snowman?" craft with Ana and "Decorating Magical Snowflake Wands" with Elsa. Queen Elsa leads the girls in a special princess lesson activity and concludes with a coronation ceremony where each girl is crowned by Queen Elsa. Each girl also receives a special princess certificate from Princess Ana. **INSTRUCTOR:** Curtsies and Crowns



WFCH	Sa	10:00 am-11:30 am	Jan 24	\$35*	ages 3-7
WFCH	Sa	1:00 pm-2:30 pm	Jan 24	\$35*	ages 3-7

*\*Parents admitted free*

### Valentine's Princess Boutique and Ball

Little princess friends gather from near and far to celebrate with Cinderella and Sleeping Beauty for a Valentine's Boutique and Ball! Each girl should arrive elegantly dressed in their favorite princess ball gown. Upon arrival, Cinderella and Sleeping Beauty will treat the girls to a mini boutique. Each girl will be pampered with hair, nails and make-up in preparation for the ball. Parents are invited and encouraged to join your princess during the final 30 minutes of the event as she walks down the red carpet to reveal her princess make-over and enjoy dancing at the ball with Cinderella and Sleeping Beauty. **INSTRUCTOR:** Curtsies and Crowns

WFCH	Sa	10:00 am-11:30 am	Feb 14	\$50*	ages 3-7
WFCH	Sa	1:00 pm-2:30 pm	Feb 14	\$50*	ages 3-7

*\*Parents admitted free*

## Afterschool

### AMC Afterschool

This FREE afterschool program is open to all youth actively attending a Wake County school. The Alston-Massenburg Center offers students a safe, supervised environment each afternoon. AMC gives children the opportunity to play or hang out with friends. A parent/guardian must register their child in person at the Alston-Massenburg Center.

Alst Mass	M-F	2:00 pm-6:00 pm	Jan 5-Jun 12	free	ages 5-17
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